



Raw Brittle Bite™ Muesli

As a cereal developed in Switzerland around 1900, Muesli's main ingredients are rolled oats, nuts and/or seeds, and fresh fruits. Here is a simple recipe using any variety of Raw Brittle Bites™ for a flavorful, quick, and nutritious breakfast dish. Come up with your own combination by changing the dried fruits and adding other grains and seeds. Store in an airtight plastic container.

Raw Brittle Bite™ Muesli

Raw Brittle Bites	½ pkg. (1 cup)
Raw Pumpkin Seeds	1/3 cup
Date Pieces	1/3 cup
Dried Apples, chopped	½ cup
Old-Fashioned Oats	½ cup
Puffed Corn	1 cup

1. Break Brittle Bites in half in a medium size bowl.
2. Add remaining ingredients and mix with a spoon to combine.
3. Serve with any kind of milk or yogurt

Makes 3 ½ Cups

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